Pedro, Heather, and John? The only time I see you is on the floor of the House trying to take away Grandma's Social Security and attacking her Medicare and food stamps. Grandma doesn't have a car, so she has no ID so she can vote you out of office.

For some reason, you care about a baby right until the minute it is born into the world, and then you disappear and desert the children you claim to protect and love. Shame on you. Stop the cradle-to-grave neglect and abuse. Stop the shenanigans and bring to the floor bills that will create jobs, jobs, jobs for the American people. And mind your own business and regulate your own body.

$\begin{array}{c} \text{ALL-OF-THE-ABOVE ENERGY} \\ \text{POLICY} \end{array}$

The SPEAKER pro tempore. The Chair recognizes the gentleman from Illinois (Mr. SHIMKUS) for 5 minutes.

Mr. SHIMKUS. Mr. Speaker, it is great to come down on the floor to just take a few minutes to talk about energy policy in this country. Republicans on this side and many of my friends across the aisle, we do believe and speak about an all-of-the-above energy strategy. That means "all of the above."

First, and the Speaker would not be surprised that I would come down and talk about nuclear power and how that, in the whole line of the processing of the fuel to the electricity production, they are good-paying jobs. There are challenges we have to overcome, which is the high level of nuclear waste, the spent nuclear fuel, and the location for that, because that is a cost burden on the industry until we get that solved as we promised.

Another major important energy production for us is coal. I come from southern Illinois. There are a lot of coal mines there, and electricity is generated by coal. It is low-cost fuel, and it provides great jobs for our coal miners, and it also creates high-paying jobs in rural America for the power plants in remote locations.

The Governor of the State of Illinois just signed what they're claiming to be the most intense and precise fracking bill in the Nation, which will allow us to look for, locate, and recover, through the fracking process, we believe, crude oil to the extent of which we haven't seen since World War II, which also will ease our reliance on imported crude oil.

Also part of this debate is the renewal portfolio debate, and some of that would be wind and solar. But don't forget the agriculture input through the RFS, which would be biodiesel, whether that is by soybeans or by reformulated cooking oil or beef tallow, or the ethanol debate, whether that is a cellulosic, the future generation of ethanol production, or the corn-based ethanol production as it is.

It's a great time in the energy debate in this country because we're now at a point where we are demanding less and producing more, which would allow us then to at least stabilize and hopefully lower our prices while we then continue to become, now, an energy exporter.

We're in a hearing today in the Energy and Power Subcommittee to talk about exporting coal and exporting liquified natural gas. That will be revenue and jobs to this great country. For many of us, we haven't seen times like this in a long time, and it's up to us in the public policy arena to make sure that we don't mess it up by increasing regulatory demands and other hurdles which will inhibit the entrepreneurs and the risk-takers from taking advantage of this great opportunity.

RECESS

The SPEAKER pro tempore. Pursuant to clause 12(a) of rule I, the Chair declares the House in recess until noon today.

Accordingly (at 10 o'clock and 47 minutes a.m.), the House stood in recess.

□ 1200

AFTER RECESS

The recess having expired, the House was called to order by the Speaker at noon.

PRAYER

Reverend Brad Hales, Reformation Lutheran Church, Culpeper, Virginia, offered the following prayer:

Lord God, maker of Heaven and Earth, I thank You and praise You for the blessing of this day. I thank You for our country. I thank You for the laws and government which You instituted for order and honor, and I thank you for our active military and veterans who have sacrificed over and over to make us free.

Father, as a Nation, as individuals, and as a government, we must repent and always come back to You for truth, wisdom, forgiveness, and hope. Let us follow Your words from the Prophet Joel: "Return to the Lord Your God, for He is gracious and merciful, slow to anger, and abounding in steadfast love."

I pray all these things in the powerful and the authority-filled name of Jesus Christ of Nazareth.

Amen.

THE JOURNAL

The SPEAKER. The Chair has examined the Journal of the last day's proceedings and announces to the House his approval thereof.

Pursuant to clause 1, rule I, the Journal stands approved.

PLEDGE OF ALLEGIANCE

The SPEAKER. Will the gentlewoman from Oregon (Ms. BONAMICI)

come forward and lead the House in the Pledge of Allegiance.

Ms. BONAMICI led the Pledge of Allegiance as follows:

I pledge allegiance to the Flag of the United States of America, and to the Republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

WELCOMING REVEREND BRADLEY HALES

The SPEAKER. Without objection, the gentleman from Virginia (Mr. CANTOR), the distinguished majority leader, is recognized for 1 minute.

There was no objection.

Mr. CANTOR. Mr. Speaker, I rise today to welcome Pastor Bradley Hales of the Reformation Lutheran Church of Culpeper, Virginia, to the House floor.

For the past 19 years, Pastor Hales has been focusing on the renewal and revitalization of churches for greater growth and involvement in their communities. As the leader of his church in Culpeper, he has overseen the expansion of a congregation that was once only several dozen members strong to over 240 today.

With a great passion and caring for our senior citizens, Pastor Hales was very influential in starting The Place, a gathering center within the church for seniors who wish to meet others and stay involved with their community.

Pastor Hales' civic engagement and enthusiasm for improving the lives of others is not limited to the house of worship. Pastor Hales also serves as a member of the Culpeper Human Services Board and teaches Civil War history at the Culpeper Christian School.

His energy and compassion have a positive effect on so many, the Culpeper Times named him Citizen of the Year in 2012.

Pastor Hales, I'd like to thank you for being with us here today and offering this morning's prayer. Your leadership and willingness to help others is an inspiration to us all.

ANNOUNCEMENT BY THE SPEAKER PRO TEMPORE

The SPEAKER pro tempore (Mr. YODER). The Chair will entertain 15 further requests for 1-minute speeches on each side of the aisle.

REGULATIONS ON THE FREE MARKET FOR SUGAR

(Mr. FLEISCHMANN asked and was given permission to address the House for 1 minute.)

Mr. FLEISCHMANN. Mr. Speaker, I rise today to speak about sugar. As conservatives, we have a duty to speak out against programs that use regulations to stifle the free market, protect special interests, and have outlived their purpose. There are few programs that better fit this than the current system of price supports, import restrictions, and production quotas that make up our sugar program.